



MONTEBELO AGUIEIRA

LAKE RESORT & SPA

★★★★★

MENU



COUVERT

Variety of bread with *Casa da Ínsua* olive oil,
butter and olives
3,00 €

Montebelo couvert. Regional bread, toasts, chorizo or plain butter,
olives and tomato and garlic dip
4,00 €

STARTERS

Chicken gizzards' stew with crispy bread
4,50 €

Salty cod fritters
6,00 €

Regional cheese platter with dried fruits and honey
13,50 €

Prawns sautéed in garlic and olive oil
15,00 €

SOUPS

Quinta dos Areais vegetable cream with croutons
3,50 €


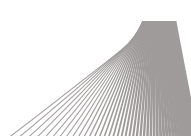

Caldo Verde (Sliced kale and potato soup with pieces of Beira region sausage)
4,00 €

Velvety cream of cod with cod *brunoise* and caramelized onion
5,00 €

SALADS

Mixed salad of lettuce, sweet corn, carrots, tomato and pesto sauce
6,00 €

Smoked salmon salad with mango, avocado and capers
14,00 €





FISH

Fish pasta with coriander
16,00 €

Hake fillets and *açorda* (prawns bread stew)
16,50 €

Black *spaghetti* with prawns, mussels and cherry tomato
17,00 €

Grilled sliced salty cod with sautéed cabbage and corn flour bread
17,50 €

Roasted octopus with mashed potatoes and baby vegetables
22,00 €



MEAT

Grilled chicken breast with wild rice and curry sauce
15,00 €

Grilled pork tenderloin with *pak choi* cabbage and celery and walnut purée
16,50 €

Kid goat stew with rice, chestnuts and mushrooms
17,50 €

Beef tenderloin on grill, curly fries and grilled vegetables
23,00 €

Bife à Montebelo (fried beef steak with round fried potatoes and quail egg)
23,00 €

KIDS

The amazing *spaghetti* bolognese
10,50 €

The magical grilled chicken steak with french fries and rice
10,50 €

The super baked finger fish with carrot rice
10,50 €

EXTRAS

White rice
3,50 €

Potatoes
3,00 €

Vegetables
3,50 €

Fried egg
1,00 €

Mix salad
2,00 €





VEGETARIANS

Fusilli with sautéed vegetables from *Quinta dos Areais*
13,00 €

Sautéed asparagus omelette
13,50 €

Wild mushrooms *risotto*
16,50 €

VEGAN

Vegetable bolognese
11,00 €

Tofu steaks with citrus sauce
14,00 €

DESSERT

Fruit in season
4,50 €

Tropical fruit
6,00 €

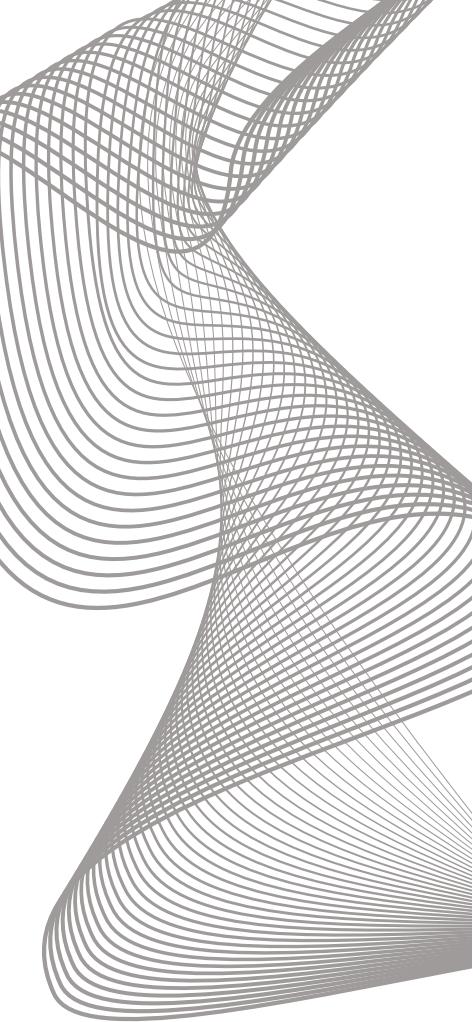
Ice cream scoop with *macarons*
4,00 €

Chocolate mousse with hazelnut zest and walnut
5,00 €

Crème brûlée over puff pastry
7,00 €

Mint and chocolate cheesecake
10,00 €

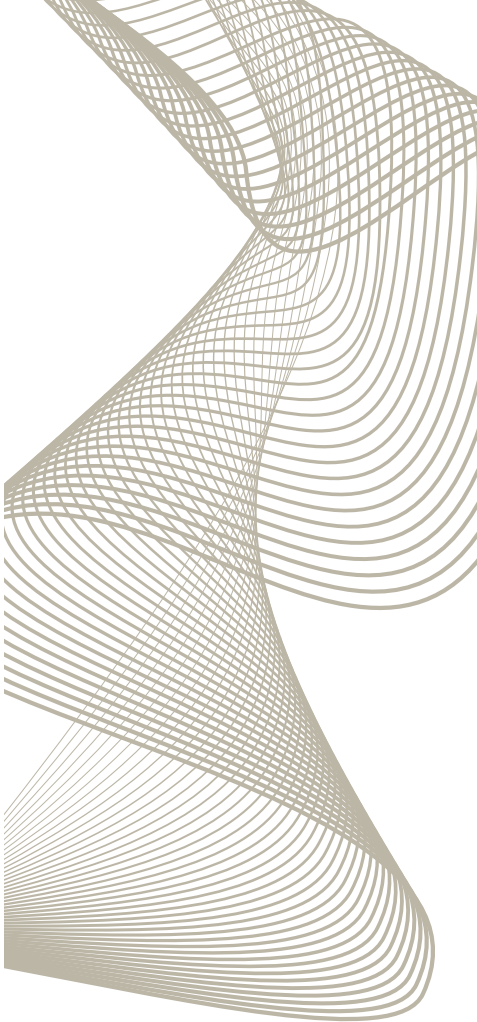
Serra da Estrela Casa da Ínsua D.O.P. cheese with fruit jams
13,50 €



*We wish to serve you better. If you have any food intolerance,
please consult our team.*

*No dish, food or drink, including the couvert,
can be charged if it is not requested or unused by the customer.*

*VAT inclusive at standard rate
Complaints book available.*



*Pour mieux vous servir.
Veuillez informer notre personnel en cas d'allergie ou d'intolérance.
Aucun plat, aliment ou boisson, compris le couvert, ne peut être facturés
s'ils ne sont pas demandés ou rendus inutiles par le client.*

*TVA incluse au tarif standard
Dans cet établissement, il existe un livre de réclamations.*



Enjoy the best

montebelohotels.com
— PORTUGAL · MOZAMBIQUE —

